



## Coaching Conference Information

Dear Parent/Carer

Your child has been chosen as one of the best young sports leaders in North Yorkshire. They have been invited to attend the North Yorkshire Coaches Academy Conference in York on March 14<sup>th</sup> 2018. The event will be held at Fulford School, Fulfordgate, Fulford, York YO10 4FY. This is testament to the volunteering your child is involved in and the skills and attributes they have shown in being a sports leader.

The Young Coaches will work with some of the best and most experienced coaches in North Yorkshire to develop their leadership and coaching skills, before delivering to primary school children in the afternoon. The day promises to be a rewarding experience for them. Furthermore, a reward we will be giving away a small number of Fitbit Charge hr fitness tracking devices like the one below:

The ultimate fitness super watch.

- GPS Tracking**  
See distance, pace, split times and elevation climbed & review routes
- PurePulse™ Heart Rate**  
Get continuous, automatic, wrist-based heart rate & simplified heart rate zones
- All-Day Activity**  
Track steps, distance, calories burned, floors climbed, active minutes, hourly activity & stationary time
- SmartTrack™ + Multi-Sport**  
Track runs, rides & other workouts with multi-sport modes or automatically record them with SmartTrack
- Long Battery Life**  
Lasts longer than competing trackers with a battery life up to 7 days and GPS battery life up to 10 hours\*\*
- Notifications + Music**  
See call & text notifications on display and control songs from your mobile playlist
- Auto Sleep + Alarms**  
Monitor your sleep automatically & set a silent alarm
- Wireless Syncing**  
Sync stats wirelessly & automatically to leading smartphones and computers

We will be giving out fitbits to students at the conference who show the most exceptional talent and engagement.

The conference starts at 9am in York, therefore the meeting time will be 7am at Skipton Girls High School where we will travel, via bus with Upper Wharfedale, to the venue. The conference is due to finish at 3.30pm, so we aim to arrive back at school at 5pm. All students will need a packed lunch for the day and plenty to drink. They will also be expected to wear school PE Kit.



The cost of the trip is £18 which will need to be paid on parent pay. You automatically give consent for your child to take part in the trip by firstly ticking the consent box on ParentPay before entering and processing the payment amount.

Please advise Student Services of any medical changes required for the Data Sheet provided at the start of the school year. Please ensure you child is carrying with them any medical supplies they may need eg epipen, inhaler.

Yours faithfully

Miss Houfe