

21st March 2018

Dear parents/carers

Personal Social Health Education

I am writing to let you know the planned content for Y10 PSHE lessons over the next few weeks.

We will focus on sex and healthy relationships. The content has been planned by our staff, following feedback from students on what they would like to learn within this topic.

We therefore plan to spend around 4 lessons exploring the following:

- Characteristics of healthy and unhealthy relationships
- Sexual intimacy
- Consent
- Sexual health e.g. contraception and STIs

All of the resources will be available on Firefly should you wish to familiarise yourself with the content and/or discuss anything further with your child following these lessons.

Should you have any queries or concerns about any lesson content then please contact either: Ms Holdsworth (Associate Assistant Headteacher with responsibilities for PSHCE) or Mrs McMillan Deputy Head teacher.

Yours faithfully

Ms J Holdsworth

