

MENTAL HEALTH SUPPORT TEAM



Dear Parents & Carers,

Are you worried about your child's mental health?

We have dedicated **Mondays** to supporting you!
If you would like to talk to one of the team, please contact 07525
872287 on a **Monday** between **10am-4pm**.
You will then get a call back from one of the team.

Mental Health Support Team

FIND US ON OUR SOCIALS:



To keep up-to-date with everything our team is up to,
follow us on our Instagram and Twitter accounts. We
post top-tips, motivation quotes and regular updates!

@BDCFT_MHST

