

Year	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
7	<b>Relationships</b> Why friendships are important and what I can do if things are difficult?	<b>Relationships</b> How do I keep myself and others' safe online?	<b>Health and Wellbeing</b> How do I look after my physical and emotional health?	<b>Health and Wellbeing</b> How will I manage the changes of puberty?	<b>Future Me</b> What is careers education and why is it important for me?	<b>The Wider World</b> Why is it important to be an active citizen and get involved in my community?
8	<b>Health and Wellbeing</b> How do I look after my emotional health?	<b>Relationships</b> How are families different and how do I manage conflict at home?	<b>Relationships</b> What are the different types of relationships?	<b>Future Me</b> What career opportunities are out there for me?	<b>Health and Wellbeing</b> What are the facts and risks of using alcohol, tobacco and vaping products and how do I manage peer pressure?	<b>The Wider World</b> Why do young people commit crimes and how do I stay safe?
9	<b>Health and Wellbeing</b> What is positive mental health and positive body image and what can influence these?	<b>Health and Wellbeing</b> What are different types of drugs and what do they do?	<b>Future Me</b> What are my options when I finish my GCSEs and what could I aspire to be?	<b>The Wider World</b> How should diversity be celebrated and tolerance and respect promoted?	<b>Relationships</b> How do I make decisions about intimate relationships?	<b>Relationships</b> How does social media affect young people's perception of sex and relationships?
10	<b>Health and Wellbeing</b> How can I take more responsibility for my physical and emotional health?	<b>Health and Wellbeing</b> How do I look after my reproductive health?	<b>Relationships</b> How do I take care of my sexual health?	<b>Relationships</b> How can I recognise and manage unhealthy relationships?	<b>Future Me</b> How do I apply for a job and how would I manage my money?	<b>Wider World</b> How can we raise awareness and find support on the problem of radicalisation and extremism?
11	<b>Future Me</b> What opportunities are available to me next year, how do I apply and how do these options link to a future beyond compulsory education?	<b>The Wider World</b> What is economic wellbeing and why is it important to take responsibility for my financial future?	<b>Relationships</b> How can I recognise and manage unhealthy relationships? (22-23 only) <b>Health and Wellbeing</b> How might alcohol and drugs affect my health and personal safety? (From Sept 23)	<b>The Wider World</b> What do I need to know about local, national and international politics, different governments and my voting rights as a UK citizen?	<b>Health and Wellbeing</b> How do I manage my time, my revision and my health?	<b>Future Me</b> What opportunities are available to me next year, how do I apply and how do these options link to a future beyond compulsory education?

12	<p><b>Future me</b></p> <p>How do I develop an A Level mindset? Creating a Vision and goals for Sixth Form.</p> <p>Health and Wellbeing</p> <p>How do I become more mindful and take care of my physical and emotional wellbeing?</p>	<p><b>Relationships</b></p> <p>How can we work together to end rape culture?</p> <p>How do I manage risk in new situations?</p> <p>What can we do to support everyone's safety?</p> <p>Health and Wellbeing</p> <p>What measures can I take to stay safe on the roads?</p>	<p><b>Health and Wellbeing</b></p> <p>How do I take care of my sexual health?</p> <p>Relationships</p> <p>How do I develop skills to improve my situational awareness and make safer choices? Consent.</p>	<p><b>Health and Wellbeing</b></p> <p>Alcohol and drugs – how do I make safer choices?</p> <p>How do I manage my time, my revision and my health?</p>	<p><b>Future me</b></p> <p>How do I develop good financial sense when managing money and budgeting?</p>	<p><b>Future Me</b></p> <p>What opportunities are available to me Post 18?</p> <p>How do I apply for possible apprenticeship opportunities and Higher Education?</p>
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