

| Year | Autumn Term 1 | Autumn Term 2 | Spring Term 1 | Spring Term 2 | Summer Term 1 | Summer Term 2 |
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| 7 | Relationships Why are friendships important and what do I do if things are difficult? | Future Me How do I become an independent learner? | Health and Wellbeing How will I manage the changes of puberty? | Relationships How do I stay safe online? | Future Me What is careers education and why is it important to learn about it? | The Wider World Why is it important to be an active citizen and get involved in my community? |
| 8 | Health and Wellbeing What are the facts, laws and health associated risks of using alcohol, tobacco and vaping products and how do I manage peer pressure? | Health and Wellbeing Why is it important to look after my physical and emotional health? | Relationships How are families different and how do I manage conflict at home? | Relationships Why is it important to learn about different types of relationships and consent? | Future Me What career opportunities are out there for me? | The Wider World Why do young people commit crimes and how do I stay safe? |
| 9 | Health and Wellbeing How do I feel about my body? | The Wider World How does democracy work in the UK? How do I have my say? | Future Me What are my options when I finish my GCSEs and what could I aspire to be? | Relationships What are healthy relationships and what do I need to know about sexual relationships? | Health and Wellbeing What are different types of drugs and what do they do? | Relationships How does social media affect young people's perception of sex and relationships? |
| 10 | Health and Wellbeing How can I take responsibility for my physical and emotional health? | Relationships (2021 only) How does social media affect young people's perception of sex and relationships? The Wider World (from 2022) How does drug use affect our health and our communities? | Health and Wellbeing What is sexual health? | Health and Wellbeing What is reproductive health? | Future Me How do I apply for a job and how would I manage my money? | The Wider World Why should diversity be celebrated and tolerance and respect promoted? How can we challenge and raise awareness of prejudice, discrimination, extremism and radicalisation? |

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| 11 | Future Me What opportunities are available to me next year, how do I apply and how do these options link to a future beyond compulsory education? | The Wider World What do I need to know about international politics, different governments and my voting rights as a UK citizen? | The Wider World What is economic wellbeing and why is it important to take responsibility for my financial future? | Relationships How do I recognise the signs of a 'toxic' relationship and how do I manage this? | Future Me How do I manage my revision so that I am learning effectively? | |
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